



2010 Naples Sabot Senior Championship Senior, Master, Grand Master and Clydesdale Divisions

June 12 to 13, 2010
Alamitos Bay Yacht Club
Long Beach, California, USA
<http://www.abyc.org>

SAILING INSTRUCTIONS

The Organizing Authority for the 2010 Naples Sabot Senior Class Championship will be the Alamitos Bay Yacht Club (ABYC), 7201 East Ocean Blvd, Long Beach, CA. 90803 and the International Naples Sabot Association (INSA).

1. RULES

The Regatta will be governed by the “rules” as defined in The Racing Rules of Sailing (RRS).

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the glass doors of the Quarterdeck overlooking Basin 5 at the Alamitos Bay Yacht Club (ABYC).

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

Signals made ashore will be displayed on the Alamitos Bay Yacht Club flag pole.

5. SCHEDULE

5.1. Registration, Measurement and Equipment Check:

Friday, June 11, 2010 *From 1500 to 1700*

Saturday June 12, 2010 *From 0800 to 1030*

5.2. Competitors Meeting:

Saturday June 12, 2010 *1030*

Sunday June 13, 2010 *1030*



5.3. Dates of Racing:

Saturday June 12, 2010 Warning Signal for 1st race of day. 1200
Sunday June 12, 2010 Warning Signal for 1st race of day. 1200

- 5.4. Prize giving for the Grand Master and Clydesdale divisions will occur following Saturday’s races. Grand Master and Clydesdale Divisions will NOT sail on Sunday
- 5.5. Prize giving for the Senior and Master divisions will occur following Sunday’s races.

6. CLASS FLAGS

Class flags will be as follows.

<i>FLEET</i>	<i>FLAG</i>
Senior	D
Master	E
Grand Master	F
Clydesdale	G

7. RACING AREA

The racing area will be in Alamitos Bay, Long Beach, California.

8. THE COURSES

- 8.1. The diagrams in Attachment A – Illustrating the Course show the courses, including the course signals, approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The course lengths will be adjusted to provide appropriate amounts of racing.
- 8.2. The course designation will be displayed on a placard from the Race Committee Signal Boat.

9. MARKS

- 9.1. Marks 1, 2, 3 will be Yellow Inflatable Shapes.
- 9.2. New marks, as provided in instruction 12, will be Orange Inflatable Shapes.
- 9.3. The starting and finishing marks will be staffs mounted on whip marks.

10. THE START

- 10.1. The starting line will be between a staff displaying a orange flag on the Committee Vessel and a staff displaying a orange flag on the finishing mark.
- 10.2. Boats whose warning signal has not been made shall avoid the starting area.
- 10.3. A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.



11. RECALLS

As a courtesy, the Race Committee will attempt to notify recalled boats by hailing their sail number. Failure of a boat to see or hear her recall notification shall not relieve her of her obligation to start correctly and shall not be grounds for redress. A boat's position in the sequence of hailed numbers shall not be grounds for redress.

12. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13. THE FINISH

- 13.1. The finishing line will be between a staff displaying a orange flag on the Committee Vessel and a staff displaying a blue flag on the finishing mark.
- 13.2. At the finish of each race, the first five (5) boats to finish in each fleet shall be inspected as prescribed in SI 20 EQUIPMENT AND MEASUREMENT CHECKS

14. PENALTY SYSTEM

- 14.1. Rule 44 is changed so that if an incident occurs outside the zone for a rounding or finishing mark the penalty under rule 44.2 – Two-Turns Penalty shall be one turn including one tack and one gybe.
- 14.2. Arbitration of protests involving a rule of Part 2 of the RRS will occur. The arbitration penalty will be a scoring penalty of 40% calculated as provided in rule 44.3(c). See also SI 17 ARBITRATION.

15. TIME LIMITS AND TARGET TIMES

- 15.1. The target time for races will be approximately 45 minutes.
- 15.2. The time limit for the first boat is 90 minutes.
- 15.3. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. Protest forms are available at the ABYC Quarter Deck. Protests and requests for redress or reopening shall be delivered there within the protest time limit.
- 16.2. The protest filing time limit is thirty (30) minutes after the Race Committee Signal Boat docks.
- 16.3. Notices will be posted no later than thirty (30) minutes after the protest time limit to inform competitors of hearings in which they are parties. Hearings will be held in the protest room.
- 16.4. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).



- 16.5. Protests and requests for redress will be heard as soon as practical and in the approximate order in which they are received. Protest notices will be posted on the Official Regatta Notice Board to inform competitors that they are parties to a hearing.
- 16.6. On the last day of the regatta a request for reopening a hearing shall be delivered, (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day; or (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes rule 66.

17. ARBITRATION

- 17.1. For protests involving an alleged breach of a rule of Part 2, a short arbitration hearing will be held prior to a protest hearing. This changes Part 5, Section B of the RRS.
- 17.2. After a written protest is delivered to the protest committee, one representative from each boat who was onboard at the time of the incident will meet with the arbitrator unless the protestor requests that the protest be withdrawn. No witnesses will be allowed. Protests not resolved by arbitration will be forwarded to the protest committee.
- 17.3. A boat that accepts the arbitrator's opinion that she broke a rule of Part 2 shall receive a penalty score of 40% as detailed in Sailing Instruction 14.2 and shall not be penalized further with respect to the same incident unless she failed to retire when rule 44.1 required her to do so.
- 17.4. The acceptance of an arbitrator's opinion cannot be grounds for redress or be appealed.
- 17.5. The arbitrator will not be a member of the Jury that hears the protest but will be permitted to observe the testimony given to the Jury and offer testimony. This changes rule 63.3(a).

18. SCORING

- 18.1. When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
- 18.2. Three (3) races constitute a series for Senior, and Master Divisions. One (1) race constitutes a series for the Grand Master and Clydesdale Divisions.
- 18.3. Classes may be started together but will be scored separately.

19. SAFETY REGULATIONS

A boat that retires from a race shall notify the Race Committee as soon as possible.

20. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the Race Committee to proceed immediately to a designated area for inspection. The designated area will be a whaler flying a flag L or designated verbally at the time of a boat's finish.



21. PRIZES

Overall series awards will be presented to each established fleet as described in the Notice of Race.

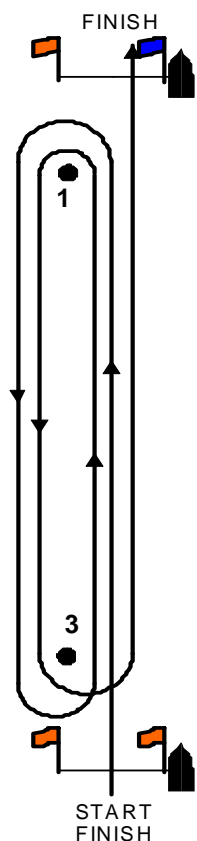
22. DISCLAIMER OF LIABILITY

Competitors participate in this regatta entirely at their own risk. See rule 4, Decision to Race. The Organizing Authorities will not accept liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after this regatta.

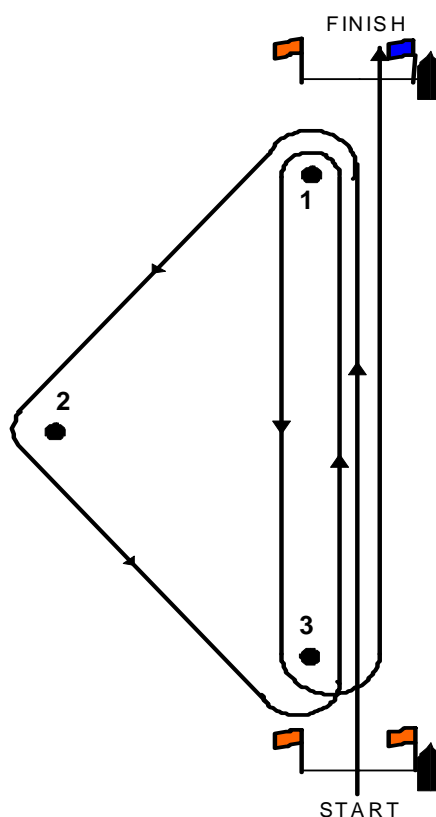
** Informational note: The United States Coast Guard (USCG) requires that all vessels carry an USCG approved personal flotation device for each member of the crew on a boat.*



Attachment A – Illustrating the Course



Windward-Leeward (course 1 example)



Olympic Triangle (course 5 example)

Course #	Mark Rounding Order
1	(5 legs) Start – 1 – 3 – 1 – 3 – Finish (Upwind)
2	(6 legs) Start – 1 – 3 – 1 – 3 – 1 – Finish (Downwind)
3	(7 legs) Start – 1 – 3 – 1 – 3 – 1 – 3 – Finish (Upwind)
4	(8 legs) Start – 1 – 3 – 1 – 3 – 1 – 3 – 1 – Finish (Downwind)
5	(6 legs) Start – 1 – 2 – 3 – 1 – 3 – Finish (Upwind)
6	(9 legs) Start – 1 – 2 – 3 – 1 – 3 – 1 – 2 – 3 – Finish (Upwind)

All marks are rounded to Port