



July 30 – August 1, 2010
 Alamitos Bay Yacht Club
 Long Beach, California USA
<http://www.abyc.org>

NOTICE OF RACE

The Organizing Authority for the Club Flying Junior (CFJ) Class 2010 National Championship will be the Alamitos Bay Yacht Club (ABYC), 7201 East Ocean Blvd, Long Beach, CA. 90803.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. Competitors will be required to wear a U.S. Coast Guard approved personal flotation device at all times while on the water, except when temporarily adding or removing clothing. The 'Y' flag need not be flown. This will change RRS 40.1 and the preamble to Part 4.

2. ADVERTISING

Boats may be required to display advertising chosen and supplied by the Organizing Authority.

3. ELIGIBILITY AND ENTRY

- 3.1. The regatta is open to members of US Sailing-recognized clubs and associations. Each boat must be sailed by at least one member in good standing of the CFJ Class Association.
- 3.2. Competitor's attention is drawn to Article 1 (Fundamental Class Rule) of the CFJ Class Rules, which states "The CFJ Class is a "Junior" class. Sanctioned regattas are open to junior sailors under the age of 19 and who have not yet entered college. Sanctioned regattas include class championship events (Nationals) and seasonal series (i.e. Shadden Series)." Competitors shall not reach 19 years of age or attend college in 2010.
- 3.3. Eligible boats may enter by entering online at <http://www.abyc.org>.
- 3.4. An early entry discount as shown in NOR 4 (FEES) applies to entries received on or before **July 8, 2010**. To receive the discount, the Organizing Authority must receive a completed entry form with the appropriate fee and attachments by that date.
- 3.5. If an individual cancels their participation, then the refund policy is as follows:
 - 3.5.1. Notice period of Cancellation - Greater than 24 hours: 100% refund of the entry fee less administrative fee of \$50
 - 3.5.2. Notice period of Cancellation - Less than 24 hours or failure to attend: No refund

4. FEES

Early Entry Before July 8th	Standard Entry After July 8th
\$150	\$180

Your entry fee includes the following:



Entry to the CFJ National Championships
 Lunch each day
 Admission to the Burger Bash on Saturday night
 A regatta T-shirt, and more

5. SCHEDULE

5.1. Registration, Measurement, Inspection and Crew Weigh-In:

Thursday	July 29, 2010	14:00 to 18:00	Registration and Measurement
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5.2. Social Schedule:

Friday	July 30, 2010	10:00	Competitors' Briefing
Friday	July 30, 2010	18:00	Snacks after the races, Evening is open
Saturday	July 31, 2010	18:00	"Burger Bash" Dinner
Sunday	August 1, 2010		Closing Ceremony and Awards will take place as soon as possible after the last race on the last day of the regatta.

5.3. Racing Schedule:

Friday	July 30, 2010	11:55	Warning signal 1st Race of Day subsequent races to follow
Saturday	July 31, 2010	11:55	Warning signal 1st Race of Day subsequent races to follow
Sunday	August 1, 2010	11:55	Warning signal 1st Race of Day subsequent races to follow

5.4. No warning signal will be made after 15:00 on the final day of the regatta

6. MEASUREMENTS

- 6.1. Each competitor will be responsible for their boat being in compliance with the class rules.
- 6.2. All previously unmeasured boats must obtain a valid measurement certificate by Wednesday July 28, 2010.
- 6.3. Hull and spar measurement can be arranged by contacting the class measurer: Erik Kingaard, (949) 428-1529, kingaard@mocalaw.com.
- 6.4. Bow numbers will be assigned at registration and it shall be each competitor's responsibility to affix and maintain them properly. The bow number should be placed within 1 foot of the bow stem.



- 6.5. Sail measurement will take place on Thursday July 29, 2010 from 1400 to 1800 at the Alamos Bay Yacht Club. All boats must obtain a signed, completed regatta measurement form to complete registration.
 - 6.5.1. Your sail numbers must be applied in accordance with CFJ class rules. Sail numbers shall match hull numbers as specified in the CFJ Class Rules. Note that numbers and letters drawn on the sail with permanent ink pens are not considered clearly legible in accordance with rule G1.2(a).
 - 6.5.2. Competitors using chartered or loaned boats may seek an exemption in accordance with Rule G3 allowing chartered or loaned boats to carry national letters or a sail number in contravention to her class rules.
 - 6.5.3. Competitors wishing to seek an exemption under rule G3 must make an application to the organizing authority. Applications may be accepted at the sole discretion of the organizing authority. The application should include:
 - 6.5.3.1. clear statement of the reason(s) for requesting an exemption
 - 6.5.3.2. a copy of the measurement certificate (for the boat to which the sails to be used belong) showing the sails to be used are measured and properly endorsed on this certificate.
 - 6.5.3.3. the hull number and name of owner of the chartered or loaned hull which will be used with miss matched sails
- 6.6. Competitors will be weighed during registration. Each competitor shall be weighed dry, wearing a t-shirt and shorts or light pants. The combined minimum crew weight will be 240 pounds. Lighter crews shall provide and carry appropriate correction weight up to 25 pounds for the entire series.
- 6.7. Additional measurement checks may be conducted during the regatta at the discretion of the Organizing Authority.
- 6.8. Following each day's racing one or more boats may be inspected for compliance with class rules.
- 6.9. In the event of equipment breakage or failure, un-inspected substitute equipment may be used, but shall be inspected as soon as practicable. If such substitute equipment does not conform to the Class Rules, the boat may be penalized for all races in which that equipment was used.

7. SAILING INSTRUCTIONS

- 7.1. Sailing Instructions (SIs) will be available at registration.
- 7.2. Preliminary SIs will be available on the Alamos Bay Yacht Club website <http://www.abyc.org>.
- 7.3. The Organizing Authority reserves the right to amend versions of the SIs on the website without prior notice.

8. VENUE

- 8.1. Alamos Bay Yacht Club is located on Alamos Bay, which is situated in the southeastern part of Long Beach California.
- 8.2. The races will be held inside the Long Beach Federal Breakwater. At its discretion the Race Committee may move the course to an alternate location.



9. THE COURSES

Courses will be windward leeward or triangular including windward, reaching, and leeward legs. Leeward Gates and Windward Offset marks may be used.

10. SCORING

- 10.1. Twelve (12) races are scheduled of which one (1) must be completed to constitute a series.
- 10.2. When fewer than six (6) races have been completed, a boats series score shall be the sum of her race scores.

11. SUPPORT BOATS

- 11.1. Coach and support boats will be allowed and must register with the Organizing Authority.
- 11.2. All coach/support boats must be equipped with VHF radios and be prepared to monitor a designated VHF channel if requested to do so by the Race Committee. Coach/support boats must be prepared to render assistance to any boat in need and perform any other function requested of them by the Race Committee. Coach/support boats shall display an identification flag supplied by the Race Committee; no flag, banner, pennant, signal or shape other than that supplied by the Race Committee shall be displayed.
- 11.3. Unless otherwise directed by the Race Committee, no coach/support boat will be allowed within the course nor have any communication with a competitor between the warning signal for a race and the time that the race is postponed or abandoned, a general recall has been signaled or the competitor has finished.
- 11.4. The penalty for failing to comply with requests for assistance by the Race Committee or requirements stated above or in the sailing instructions will be applied to the competitor boat(s) associated with the coach/support personnel at the discretion of the protest committee.

12. SAFETY

The Organizing Authority will require all competitors to wear personal floatation devices while on the water. These shall be US Coast Guard Approved Type III or V PFD, Inherently Buoyant (i.e. not inflatable) - no exceptions.

13. DISCIPLINE

Per US SAILING Regulation 5.03 no contestant shall use, either on or off the water, during any US SAILING sanctioned event: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. IRC Code and intended for beverage use). This regulation is in effect from date and time of arrival through date and time of departure from the locale. The penalty shall be that the contestant, after a proper hearing, be disqualified from the event, immediately removed from the regatta venue and, where practical, sent home.

14. PRIZES

- 14.1. The "Warmington CFJ National Championship Trophy" will be awarded to the winning team.



14.2. Prizes will be awarded in the following categories:

- 14.2.1. Top ten finishing teams.
- 14.2.2. 1st all female team.
- 14.2.3. 1st team under age 16.
- 14.2.4. 1st team in their first nationals.
- 14.2.5. Team finishing in median position.
- 14.2.6. Daily Firsts for the team placing highest in the days racing

15. ARBITRATION

All protests involving rules of Part 2 will first be submitted to arbitration. The arbitration procedure will be posted on the Official Regatta Notice Board as an addendum to the Sailing Instructions.

16. HOSPITALITY AND SOCIAL

- 16.1. Information for local hotels can be found on the Alamitos Bay Yacht Club website <http://www.abyc.org>
- 16.2. No housing will be provided by the Organizing Authority.
- 16.3. A social package will also be available for those not racing.

17. DISCLAIMER OF LIABILITY

Competitors participate in this regatta entirely at their own risk. See rule 4, Decision to Race. The Organizing Authority will not accept liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after this regatta.

** Informational note: The United States Coast Guard (USCG) requires that all vessels carry a USCG approved personal floatation device for each member of the crew on a boat.*

18. RIGHT TO USE NAME AND LIKENESS

By participating in this event a competitor automatically grants to the organizers and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of him or her during the period of the competition without compensation.

19. AMENDMENTS TO THIS NOTICE

The Organizing Authority reserves the right to amend this notice. Any amendments of this notice will be posted on the Alamitos Bay Yacht Club website.

20. CHARTER BOAT AVAILABILITY

Charter Boats for this event are available from the US Sailing Center Long Beach (USSCLB). They can be reached at 562 433-7939



21. SPECIAL NOTE REGARDING YOUTH CHAMPIONSHIP REGATTA

Please note that the 2010 Youth Championship Regatta is scheduled to start Sunday August 1st. This is a measurement day. An accommodation may be made to allow participants in the CFJ National Championship that have qualified for this regatta to participate in both events. It is the responsibility of the sailor to coordinate their participation in both events.

22. FURTHER INFORMATION

For further information please contact.

Doug Jorgensen

CFJ 2010 National Championship Regatta Chair

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