



2009 US SAILING®
ISAF YOUTH WORLD QUALIFIER
and
U.S. YOUTH MULTIHULL
CHAMPIONSHIP REGATTA



January 17-19, 2009
Alamitos Bay Yacht Club
Long Beach, California

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing for 2009-2012 (RRS).
- 1.2. Rule 62, Redress, is changed to allow a boat supplied to competitors in the Boys' Two Person Dinghy and Open Multihull disciplines to request redress if the boat's finishing position is materially prejudiced by equipment failure clearly not the fault of the boat's crew.
- 1.3. Rule P5, Flags O and R, will apply for the Boys' Two Person Dinghy discipline only.

2. SAIL NUMBERS

Requests for sail number changes made in accordance with class rules must be made in writing to the organizing authority no later than 0930 hours on the day it will take effect. Permission for a sail number change does not override class rules.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official regatta notice board located on the glass doors of the Quarterdeck overlooking Basin Five. Except for notices of protests, all official regatta notices will be posted here.
- 3.2. Notices of protests will be posted on the protest notice board located near the protest office.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the Alamitos Bay Yacht Club flag pole.
- 5.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the race signal AP. Boats are requested not to leave the harbor until this signal is lowered.

6. SCHEDULE OF RACES

The schedule of races is as follows:

Saturday, January 17, 2009	Competitors' briefing	1000
	First warning	1200
Sunday, January 18, 2009	First warning	1200
Monday, January 19, 2009	First warning	1200
	No race will be started after	1500

7. CLASS FLAGS

The class flag for each class shall be as follows:

- Boys' One Person Dinghy: a white flag with the Laser class insignia.
- Girls' One Person Dinghy: a blue flag with the Laser class insignia.
- Boys' Two Person Dinghy: a white flag with the 420 class insignia.
- Girls' Two Person Dinghy: a blue flag with the 420 class insignia.
- Open Multihull: a white flag with the Hobie class insignia.

8. RACING AREAS AND COURSES

- 8.1. The racing areas will be located approximately as shown in Appendix One of the sailing instructions.
- 8.2. A notice posted on the official regatta notice board by 0930 on Saturday, January 17, will show the assignment of classes to racing areas. The assignment will remain the same for the following days' races unless a change is posted by 0930 of the affected day or signaled on the water.
- 8.3. Courses shall be as shown in Appendix Two of the sailing instructions and will be signaled before or with the warning signal for each class by either a numerical code flag or by a card with the numeric designation.
- 8.4. The approximate compass bearing from the race committee signal boat to mark 1 will be displayed from that boat before or with the warning signal for each class for each race by numeral code flags or cards with numeric designation or written on a board.

9. MARKS

- 9.1. Original marks will be yellow inflatable shapes. New marks, as provided in instruction 12.1, will be orange inflatable shapes.
- 9.2. Marks shall be rounded to port. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If one of the gate marks is missing, boats shall round the remaining mark to port.

10. THE START

- 10.1. A notice posted on the official regatta notice board by 0930 will show the order of starts for the first race each day. The order of starts for subsequent races may change at the discretion of the race committee. The order of starts for the first race each day will remain the same for the following days' races unless a change is posted by 0930 on the affected day.
- 10.2. The starting line will be between a staff in the water displaying an orange flag at one end and an orange flag on the race committee signal boat at the other end. Both ends may be located on a race committee boat instead of being in the water.
- 10.3. CHECK-IN: Before the warning signal on the first race each day, all boats shall sail by the stern of the race committee signal boat, hail her sail number and obtain the acknowledgment of the race committee. A boat checking in shall in all cases comply with instruction 10.4.
- 10.4. Boats whose preparatory signal has not yet been made shall keep clear of the starting line and of all boats whose preparatory signal has been made.
- 10.5. A boat starting later than ten (10) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

11. RECALLS

The race committee will attempt to hail the sail numbers of OCS boats. The failure of any boat to hear the hail, the hail of some but not all OCS boats, the untimely hail of some or all OCS boats or failure to hail any or all boats shall not be grounds for granting redress. This changes rule 62.1.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2. Gates may be adjusted without further signaling to maintain the appropriate configuration. This changes rule 33.

13. THE FINISH

- 13.1. The finishing line will be between a staff in the water displaying an orange flag at one end and an orange flag on a race committee boat at the other end. Both ends may be located on a race committee boat instead of being in the water.
- 13.2. A sound signal made from a race committee boat at the finishing line means, "It has been recorded that this boat has crossed the finishing line."

14. PENALTY SYSTEM

For the Open Multihull discipline only, rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

15. TIME LIMIT

- 15.1. For the Boys' and Girls' One Person Dinghy disciplines, the time limit will be ninety (90) minutes. Boats failing to finish within thirty (30) minutes after the first boat in the class sails the course will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.
- 15.2. For all other disciplines, the time limit will be sixty (60) minutes. Boats failing to finish within twenty (20) minutes after the first boat sails the course will be scored Did Not Finish. This changes rules 35 and A4.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. Protest forms will be available near the protest office. Protests and requests for redress or reopening shall be delivered there within thirty (30) minutes after the race committee signal boat arrives at the dock.
- 16.2. Notices will be posted on the protest notice board located near the protest office to inform competitors of hearings in which they are parties or named as witnesses. This will constitute notice to all parties under rule 63.2. Hearings will be heard in approximately the order in which protests are received.
- 16.3. Breaches of instructions 10.3, 10.4, 18.2 and 20 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 16.4. On the last scheduled day of racing a request for reopening a hearing shall be delivered
 - (a) within the protest time limit if the requesting party was informed of the decision on the previous day, or
 - (b) no later than thirty (30) minutes after the requesting party was informed of the decision on that day.This changes rule 66.

17. SCORING

Ten (10) races are scheduled of which four (4) are required to be completed to constitute a series. When fewer than five (5) races are completed, a boat's series score will be the total of her race scores.

18. SAFETY

- 18.1. A boat that retires from a race shall notify a race committee boat before leaving the racing area, or, if that is not possible, notify a regatta official or the yacht club office immediately upon arrival on shore. Every boat shall have a painter of fifteen (15) feet minimum length. A boat shall accept assistance from a race committee boat when so directed by the race committee.
- 18.2. Competitors shall wear a U.S. Coast Guard (USCG)-approved Type III personal floatation device (PFD) while on the water, other than for brief periods while adding or removing clothing.

19. REPLACEMENT OF CREW

Substitution of competitors will not be allowed without prior approval of the Organizing Authority.

20. BOATS (BOYS' TWO PERSON DINGHY AND OPEN MULTIHULL DISCIPLINES ONLY)

- 20.1. For the Boys' Two Person Dinghy discipline, boats will be rotated daily. This changes the Notice of Race.
- 20.2. Boats provided to competitors shall not be modified in any way except that
 - (a) a compass may be tied or taped to the hull or spars;
 - (b) non-permanent wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
 - (c) hulls and rudders may be cleaned but only with water; and
 - (d) all fittings or equipment designed to be adjusted may be adjusted, provided that the class rules are complied with.
- 20.3. All equipment provided with the boat for sailing purposes shall be in the boat while afloat.

- 20.4. The penalty for not complying with one of the above instructions will be disqualification from all races sailed in which the instruction was broken.
- 20.5. If a boat suffers a breakdown, the boat's crew shall make all reasonable efforts to fix the damage and continue racing, unless that would result in further damage or risk to the crew.
- 20.6. Competitors using a boat are responsible for any damage to the boat up to US\$250.00 for each occurrence. Competitors shall report any damage or loss of equipment, however slight, to the organizing authority immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

21. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by the race committee to proceed immediately to a designated area for inspection.

22. COACH/SUPPORT BOATS

- 22.1. The skipper of each coach/support boat must check in during Registration.
- 22.2. All coaches and support personnel are required to attend a meeting which will be held immediately following the competitors' briefing.
- 22.3. All coach/support boats shall display an identification flag while on the water as directed by the race committee and return the flag at the conclusion of the regatta. No flag, banner, pennant, signal or shape other than that supplied by the race committee shall be displayed.
- 22.4. Coach/ support boats must be prepared to render assistance to any boat in need and perform any other function requested of them by the race committee.
- 22.5. Unless otherwise directed by the race committee, no coach/support boat may be within one hundred (100) yards of the course boundaries nor have any communication with a competitor between the first warning signal for a race and the time that race is abandoned or the competitor has finished and is one hundred (100) yards outside the finishing line and course boundaries. This changes rule 41.
- 22.6. All coach/support boats must monitor a designated VHF channel if requested to do so by the race committee.
- 22.7. The penalty for failing to comply with these requirements will be applied to the appropriate competitors' boats associated with the coach/support boat personnel at the discretion of the protest committee. Additionally, upon receiving a report, the organizing authority may take other disciplinary action against the registered coach and/or support personnel.

23. RADIO COMMUNICATIONS

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restrictions also applies to cellular telephones.

24. PRIZES

- 24.1. US SAILING medals will be awarded to competitors placing first through third. In addition, the top-finishing skipper/team that meet all the eligibility requirements (age and nationality) will be entitled to represent the United States at the 39th Volvo™ Youth Sailing ISAF World Championship 2009 to be held in Buzios, Brazil, July 9-18, 2009.
- 24.2. The winners of the Open Multihull discipline will be named 2009 U.S. Youth Multihull Champions and be awarded the Arthur J. Stevens Trophy. The trophy will be held by the winners until six weeks before the next year's Championship event, at which time they are responsible for returning the trophy to the upcoming event host club. The winners are obligated to sign a trophy accountability form stating their responsibility to have the trophy appropriately engraved, insured and shipped to the event host club before the next year's Championship event.
- 24.3. The W. Darline Hobock Sportsmanship Trophy will be awarded to the competitor(s) in the Open Multihull discipline epitomizing good sportsmanship, as determined by the Youth Multihull Committee.

25. DISCLAIMER OF LIABILITY

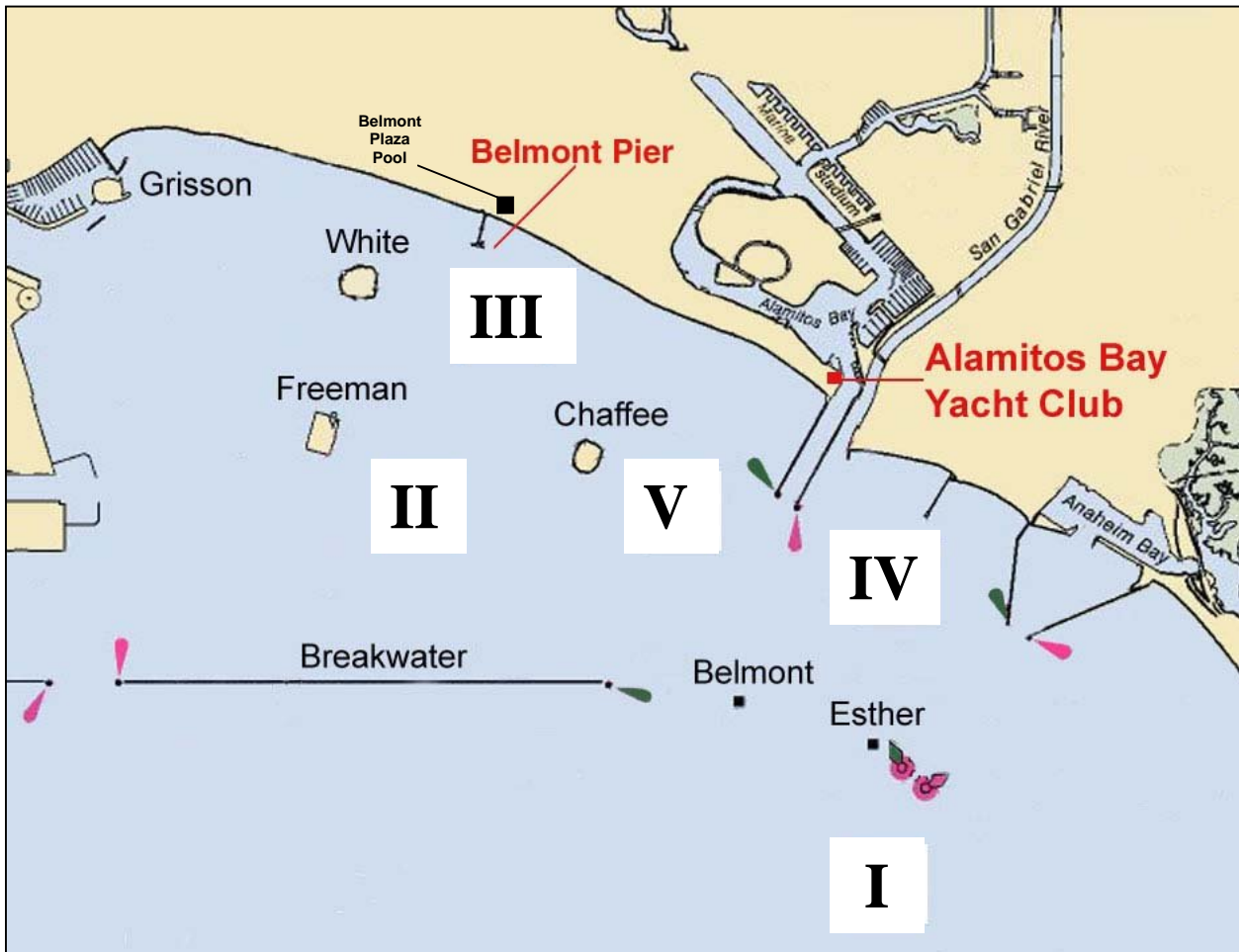
Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.



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APPENDIX ONE -- RACING AREAS



RACING AREA I: 1.3 nautical miles bearing 165° magnetic from the mouth of the Alamos Bay Jetty.

RACING AREA II: 1.5 nautical miles bearing 250° magnetic from the mouth of the Alamos Bay Jetty.

RACING AREA III: 100 yards east of the Belmont Pier

RACING AREA IV: One-half (.05) nautical mile bearing 100° magnetic from the mouth of the Alamos Bay Jetty.

RACING AREA V: 500 yards west of the mouth of the Alamos Bay Jetty.



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APPENDIX TWO -- COURSES

- Course 1 — Start-1-4G-1-2-3G-5-Finish
- Course 2 — Start-1-4G-1-4G-1-2-3G-5-Finish
- Course 3 — Start-1-2-3G-2-3G-5-Finish
- Course 4 — Start-1-2-3G-2-3G-2-3G-5-Finish

