

INTERNATIONAL NAPLES SABOT JUNIOR CHAMPIONSHIP REGATTA

ALAMITOS BAY YACHT CLUB

7201 East Ocean Boulevard

Long Beach, CA 90803

AUGUST 9 - 13, 2009

SAILING INSTRUCTIONS

1.0 RULES

- 1.1. The regatta shall be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2. The Organizing Authority is the International Naples Sabot Association (INSA) and Alamitos Bay Yacht Club (ABYC).
- 1.3. The Organizing Authority is prepared to file a report to the protest committee under rule 69.1 if behavior, which violates that rule, is observed or reported to them.

2.0 ENTRIES AND ELIGIBILITY

- 2.1. The regatta is open to all boats declared eligible by the International Naples Sabot Association.
- 2.2. Eligible boats and competitors may be admitted to the regatta by completing the online entry form, signing all required releases, completing measurement and paying the entry fee.
- 2.3. The following restrictions on the number of boats apply: There will be a maximum of 140 competitors, plus ties for 140th place, accepted to sail in the Flight Selection Series and Championship Series. Those who currently meet the age restriction and who sailed in the 2008 Championship Series in the Gold or Silver flights are prequalified to sail in the Flight Selection Series. A Qualifying Series for all others will be sailed on Monday August 10, 2009. Additional competitors for the Flight Selection Series, up to a total of 140 plus ties for 140th, including those prequalified through the 2008 Championship Series, will be selected on the basis of their scores in the Qualifying Series. Those who have prequalified may not sail on the Qualifying Series race course on Monday August 10, 2009.
- 2.4. The defending Junior Champion after complying with the entry requirements may opt to be seeded directly into the Gold Fleet of the Championship Series. Election to sail the Flight Selection Series voids this option.

3.0 MEASUREMENT

- 3.1. Measurement will be open at Alamitos Bay Yacht Club:

Sunday August 9, 2009	0900 – 1500 Priority will be given to those not prequalified.
Monday August 10, 2009	By appointment only for those prequalified. For an appointment, please contact Latham Bell (562) 706-7349.

- 3.2. No entry will be complete until the INSA Measurement Form is completed, signed by the Head Measurer and received by the Organizing Authority.
- 3.3. Questions about Measurement should be directed to INSA Head Measurer Rowell Greene (714) 968-4645.
- 3.4. The Race Committee may randomly inspect equipment anytime during the regatta.

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4.0 NOTICES TO COMPETITORS -- CHANGES IN SAILING INSTRUCTIONS

4.1. The Official Regatta Notice Board is located on the glass doors of the Quarterdeck overlooking Basin 5 at the Alamitos Bay Yacht Club (ABYC). Except for protest notifications (see SI 11.4), all Official Regatta Notices to competitors will be posted there. Any change in the SI will be posted before 1015 hours on the day it will take effect, except that any change in the schedule will be posted before 2000 hours on the day before it will take effect.

5.0 SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the flagpole at ABYC.
- 5.2. Code Flag "AP" with two (2) sound signals (one (1) when lowered) means, "All races are postponed; sailors must remain ashore". When lowered, it means that the next signal will be made on the water no earlier than 20 (twenty) minutes after lowering Code Flag "AP." If all races are to be postponed to a later day, it will be signaled by immediately displaying Code Flag "AP" over Code Flag "A". This is a change to Race Signals "AP."

6.0 SCHEDULE OF EVENTS

- 6.1. Registration check-in is at Alamitos Bay Yacht Club in the Quarterdeck as scheduled in the Notice of Race.
- 6.2. Skipper's Meetings will be held at 0930 Monday, Tuesday, Wednesday and Thursday August 10 – 13, 2009 on the patio at ABYC.
- 6.3. The first warning signal for all racing days is at 1100.
- 6.4. There are six (6) races scheduled for the Championship Series on Wednesday and Thursday, August 12 – 13, 2009.

7.0 RACING AREA, COURSES, AND MARKS

- 7.1. The racing courses and marks will be as shown in Attachment 2 of these Sailing Instructions.
- 7.2. Flights in the Qualification Series and the Flight Selection Series not scheduled to start shall remain on shore until the Organizing Authority makes an announcement for them to sail to the starting area. For the Championship Series, when the Gold and Bronze flights are racing, Silver and Iron flights must remain ashore until an announcement is made to go to the race course. When Silver and Iron flights are racing, Gold and Bronze flights must remain ashore until an announcement is made to go to the race course.
- 7.3. The course to be sailed will be indicated by a placard displayed on the Race Committee Signal Boat.
- 7.4. After the finish or leaving the dock, all competitors sailing to the starting area must sail on the non-course side of the marks displaying a Pink shape with a Black line through it.

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8.0 THE START

- 8.1. The Warning signal is given four (4) minutes before the Starting signal. The Preparatory signal will be given three (3) minutes before the Starting signal. This changes rule 26.
- 8.2. The flights and Order of Start for the Qualifying Series and Flight Selection Series are described in Appendix 1.
- 8.3. The Class Flag for each flight will correspond to the flight color.
- 8.4. The starting line will be between a staff displaying an orange flag or shape on or near the Race Committee Signal Boat at the starboard end, and an orange flag on a whip mark at the port end.
- 8.5. The Race Committee may attempt to hail OCS boats. Failure of the committee to make the attempt or for the competitor to hear the hail will not be grounds for redress.
- 8.6. A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start. This changes rules A4 and A5.
- 8.7. Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.
- 8.8. Boats proceeding to the starting area from a finish, from the Club, or from any other area shall do so by sailing outside of the race course as much as possible in order not to interfere with racing boats. Failure to do so may result in a protest filed by the Race Committee under rule 23.1.

9.0 THE FINISH

- 9.1. The finishing lines are described in Attachment 2 of these Sailing Instructions.
- 9.2. The first five (5) competitors and any others notified by a member of the Race Committee will, following their finish, proceed directly to the Race Committee Inspection Boat located near the finish lines with Flag L displayed, for inspection for proper equipment. Failure to report to the inspection boat immediately after the race just completed, failure to have the required weights or failure to have any other of the required equipment may result in a protest filed by the Race Committee. The Race Committee may file a protest against any boat found in non-compliance.

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10.0 SCORING

- 10.1. **Qualifying Series:** Four (4) races plus one (1) bye for each flight are scheduled; three (3) races shall be sailed to constitute the series. If only three (3) races are completed a boat's series score will be the total of her race scores. This changes rule A2. If four (4) races are completed, a boat's score shall be the total of all race scores, excluding the worst score.
- 10.2. **Flight Selection Series:** Four (4) races plus one (1) bye for each flight are scheduled; three (3) races shall be sailed to constitute the series. If only three (3) races are completed a boat's series score will be the total of her race scores. This changes rule A2. If four (4) races are completed, a boat's score shall be the total of all race scores, excluding the worst score.
- 10.3. **Championship Series:** Six (6) races are scheduled. If only five (5) races are completed, a boat's series score will be the total of her race scores. This changes rule A2. Three (3) races shall be sailed to constitute the series. If six (6) races are completed, a boat's score shall be the total of all race scores, excluding the worst score.
- 10.4. The Qualifying Series, Flight Selection Series and Championship Series will each be scored separately.

11.0 PROTESTS AND REQUESTS FOR REDRESS

- 11.1. Protests shall be written on forms available from a designated boat flying a judge flag located near the finish line. This changes rule 61.2. Protests shall be prepared while afloat and lodged with the designated boat prior to the competitor leaving the racing area. This constitutes the protest time limit for filing by a boat about an incident in the racing area. For all other protests the time limit for filing is one-half (1/2) hour after the Race Committee Finish Boat docks. This changes rule 61.3.
- 11.2. Only the skipper may represent the boat at a hearing. No coach or other party may represent a boat or file a protest on its behalf. This changes rule 63.3(a).
- 11.3. Protests will be heard in approximately the order in which they are received.
- 11.4. Protest notices will be posted on the Protest Notice Board located near the Protest Office to inform competitors that there will be a hearing in which they are party to a protest. This will constitute notice to all parties under rule 63.2. It is the responsibility of competitors to check the Board and be immediately available with any witnesses when the hearing is called. Failure to appear may result in the protest being heard with only those present.
- 11.5. Requests for Redress must be submitted within one-half (1/2) hour of the time the unofficial results are posted. This changes rule 62.2.
- 11.6. Requests to reopen a hearing must be submitted within one-half (1/2) hour after being informed of the decision. This changes rule 66.

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11.7. Video, Photographs, and Audio recordings created by any source other than the Race Committee or Protest Committee shall not be used as evidence at a Protest or Redress hearings. This changes rule 63.6.

12.0 COACH/SPECTATOR BOATS

- 12.1. Coaches must complete the official application and may not be on the water unless pre-approved by the Organizing Authority.
- 12.2. Coach boats are allowed for this regatta and must contain personnel from more than one club. **NO SPECTATOR OR SUPPORT BOATS (floating craft including boats, kayaks, boards, etc.) WILL BE ALLOWED ON THE WATER FOR THIS EVENT.**
- 12.3. On-the-water coaching is allowed for this event in the “Coaching Zone” (see Attachment 3) prior to the warning signal for a race and the time the race is either abandoned, postponed or a general recall has been signaled or that competitor has finished or withdrawn from the race.
- 12.4. Only one (1) coach boat from a yacht club/organization will be allowed to launch at this event.
- 12.5. The Organizing Authority reserves the right to limit the total number of coach boats on the water each day.
- 12.6. The skipper of the coach boat must check in and register with the Organizing Authority prior to the Skipper’s Meeting briefings.
- 12.7. All coaches are required to attend a meeting that will be held immediately following the Skipper’s Meeting.
- 12.8. All coach boats shall assist any boat in need of assistance and perform any function requested of them by the Race Committee or Organizing Authority.
- 12.9. All coach boats shall display an identification flag while on the water as directed by the Organizing Authority and return the flag at the conclusion of the regatta. No flag, banner, pennant, signal or shape other than that supplied by the Organizing Authority shall be displayed.
- 12.10. A US \$10.00 deposit will be required for each coach flag at registration. The deposit will be refunded when the flag is returned in appropriate condition at the end of the regatta.
- 12.11. Unless otherwise directed by the Race Committee, the coach boat may not be within one hundred (100) feet of a competitor nor have any communication with a competitor on the water other than in the “Coaching Zone”. This changes rule 41.
- 12.12. All coach boats shall stay in the on-the-water “Coaching Zone”. The “Coaching Zone” is defined as the line between consecutive flags and their extensions on the non-course side. The “Coaching Zone” will be designated by marks displaying a Pink shape with a Black line through it.

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- 12.13. All support boats must monitor a designated VHF channel if requested to do so by the Organizing Authority.
- 12.14. The penalty for failing to comply with these requirements will be applied to the appropriate competitors' boats associated with the coach boat personnel at the discretion of the Protest Committee. Additionally, upon receiving a report, the Organizing Authority may take other disciplinary action against the registered support personnel.

13.0 SAFETY

- 13.1. A boat which retires from a race must notify a Race Committee Boat before leaving the racing area or, if that is not possible, notify a regatta official or the yacht club office immediately upon arrival ashore.
- 13.2. Competitors wishing assistance should signal with an open hand. Those not needing assistance should signal with a closed fist.
- 13.3. A competitor shall accept assistance from a Race Committee Boat when so instructed.
- 13.4. If a boat, as a result of capsizing, or mechanical breakdown, is unreasonably delaying the finish of a race, the Race Committee may order the boat assisted and score it DNF.

14.0 DISCLAIMER OF LIABILITY

- 14.1. Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Jeff Merrill and Jon Robinson
Regatta Co-Chairmen

Steve Washburn
Principal Race Officer

Margaret Caddle
Chief Judge

Latham Bell
Coach Chairman